

Hospital Resource Manual



Developed for the Neutral Buoyancy Research Facility,
University of Maryland, College Park.

Preface

This Hospital Resource Manual is intended to be a reference for the personnel of the Space Systems Laboratory's Neutral Buoyancy Research Facility at the University of Maryland at College Park (UMCP). In the following pages you will find names, addresses, main phone numbers, area maps, and general driving directions from the main gate of UMCP.

This manual contains three sections: a checklist for the case of an emergency at the SSL, Area Hospitals and Medical Centers, and Directions to Area Hospitals and Medical Centers. The Area Hospitals and Medical Centers section is listed according to specialties, while the Directions to Area Hospitals and Medical Centers is alphabetical.

The sources used to compile this manual are the previous version from the SSL and the Hospital Resource Manual developed for the Prince George's County Fire/EMS Department.

Any suggestions or corrections should be directed to Brian Roberts or Corinne Ségalas.

Last updated: 1/14/01

What to do in case of Emergency



What to do in case of Emergency

IN CASE OF A DIVING EMERGENCY, DO THE FOLLOWING:

➤ **Step 1: Call 911**

- tell them that there is a **diving emergency** in building 382, the Neutral Buoyancy Research Facility
- ask them to send an **ambulance** and a **medic unit**

➤ **Step 2: Call EMRC / SYSCOM at 1-800-648-3001**

- tell them you have a **diving emergency**
- tell them you've **called 911** and that the ambulance crew is on their way
- the hyperbaric chamber is staffed 0700 - 1900 weekdays and on weekends, the on-call team can get the chamber up and running in 45 minutes

➤ **Step 3: Call Diver's Alert Network (DAN) at 919-684-8111**

- tell them you have a **diving emergency**
- tell them you've **already called 911** and the ambulance is on the way
- tell them you've **already called the hyperbaric chamber** and you're going to tell the ambulance crew to transport the diver to the nearest **hyperbaric chamber at R. Adams Cowley Shock Trauma Center, UMD Medical Center.**

➤ **Step 4: Tell the ambulance crew**


- admit the patient through the **main shock trauma admitting area (TRU)**; if the TRU is backed up, admit them directly to hyperbaric medicine (same building, two floors down)
- give them the **directions to R. Adams Cowley Shock Trauma Center, UMD Medical Center:**

R. Adams Cowley Shock Trauma Center, UMD Medical Center 1-800-41-TRAUMA, 1-800-418-7286

45 minutes from UMCP

22 South Greene Street, Baltimore, Maryland

- Follow US Highway 1 north to I-495 (Capital Beltway)
- Go west on I-495 towards Bethesda
- Take the first exit (I-95 north)
- Proceed on I-95 north to Baltimore
- Take the Russell Street exit off I-495 north
- Russell Street becomes Paca Street

- Turn left onto Redwood Street
 - Hospital parking garage is on the right
- 

What to do in case of Emergency

IF SOMEONE SWALLOWS POISON:

Call either of the Poison Centers below:

➤ **National Capital Poison Center (Georgetown) 202-625-3333**

Georgetown University Hospital
3800 Reservoir Road, NW
Washington, DC 20007

➤ **Maryland Poison Center (UMAB) 1-800-492-2414 / 1-410-528-7701**

20 North Pine Street
Baltimore, MD 21201

IF THERE'S SOMETHING GLOWING ON THE GROUND AND YOU'RE AFRAID TO TOUCH IT:

- Call the Campus Police at x5-3333 and they will alert the Environmental Safety Office (ESO) to come and clean it up.
- If the spill is contained and not a direct hazard, call the ESO's Hazardous Waste Management office at x5-3990. They are on call 24/7, so make the call even if it occurs during non-working hours.
- For really, really big spills, you can get Hazardous Material Information from:

➤ **Chemical Transportation Emergency Center (CHEMTRAC)**

1-800-424-9300 / 202-483-7671

(non-emergency) 1-800-262-8200

➤ **National Response Center 1-800-424-8802 / 202-267-2675**

Area Hospitals and Medical Centers



Area Hospitals and Medical Centers

➤ Burn Centers

Johns Hopkins Bayview Burn Center _____ 410-550-0890
Washington Hospital Center, Burns _____ 202-877-7241

➤ Emergency Rooms

DC General Hospital _____ 202-675-5000
Children's National Medical Center _____ 202-884-5000
Doctors Community Hospital _____ 301-552-8118
Georgetown University Medical Center _____ 202-784-2000
George Washington University Hospital _____ 202-994-1000
Holy Cross Hospital of Silver Spring _____ 301-754-7000
Laurel Regional Hospital _____ 301-725-4300
Prince George's Hospital Center _____ 301-618-2000
Washington Adventist Hospital _____ 301-891-7600
Washington Hospital Center _____ 202-877-5515

➤ Eye Centers

Georgetown University Medical Center - Eye Trauma Center ____ 202-687-5055
Johns Hopkins Hospital Eye Trauma Center _____ 410-955-5347

➤ Hand Centers

George Washington University Hospital _____ 202-994-1000
Union Memorial Hospital, Curtis Hand Center _____ 410-554-2626

➤ Hyperbaric Chamber

R. Adams Cowley Shock Trauma Center _____ 1-800-418-7286
(You can also call EMRC/SYSCOM to have them inform the chamber ____ 1-800-648-3001)

➤ Pediatric Centers

Children's National Medical Center _____ 202-884-5000
Johns Hopkins Pediatric Trauma Center _____ 410-955-5260

➤ Poison Control

Maryland Poison Center _____ 800-492-2414 / 410-528-7701
National Capital Poison Center _____ 202-625-5333
Georgetown University Hospital

➤ Sexual Assault

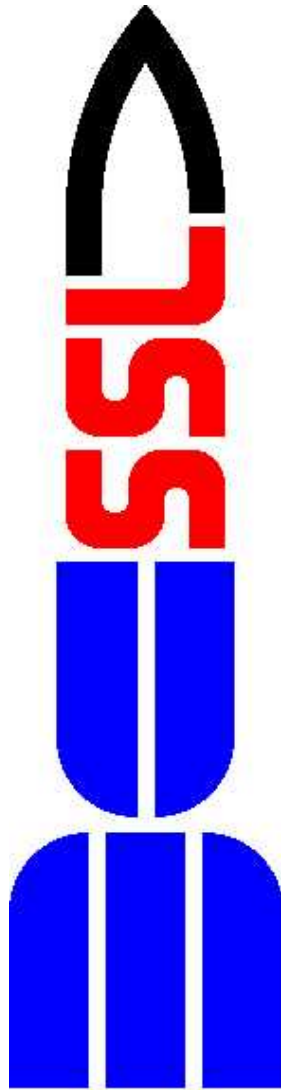
Prince George's Hospital Center, Sexual Assault Center _____ 301-618-2000

➤ Trauma Centers

DC General Hospital _____ 202-675-5000
Johns Hopkins Hospital Adult Trauma Center _____ 410-955-5000
Adult Trauma Center _____ 410-328-8667
Maryland Institute for Emergency Medical Services System (MIEMSS)
Prince George's Hospital Adult Trauma _____ 301-618-2000

Suburban Hospital Adult Trauma_____301-896-3100
Washington Hospital Center, MEDSTAR_____202-877-7000

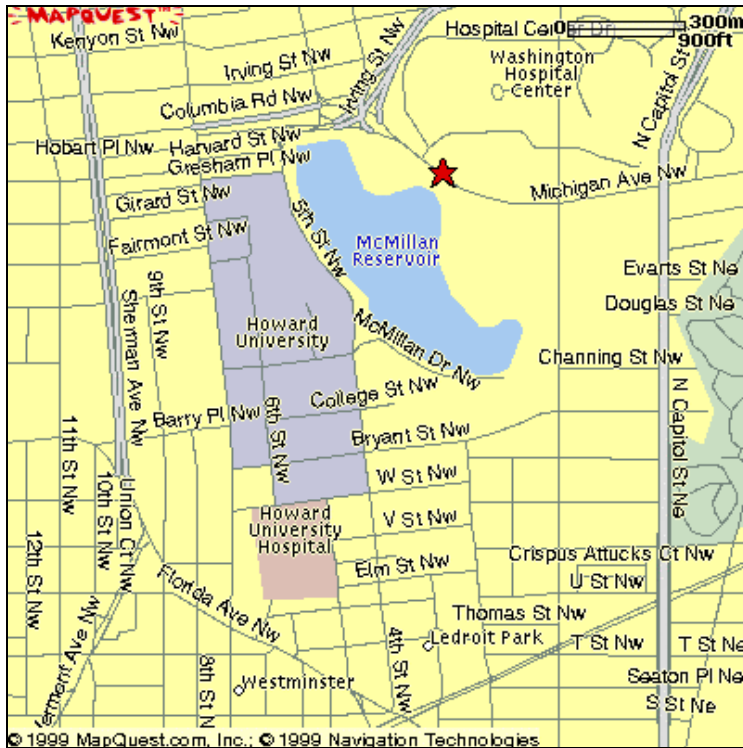
Directions to Area Hospitals and Medical Centers



Children's National Medical Center

Children's National Medical Center
111 Michigan Avenue, NW
Washington, DC 20010
202-884-5000

30 minutes from UMCP

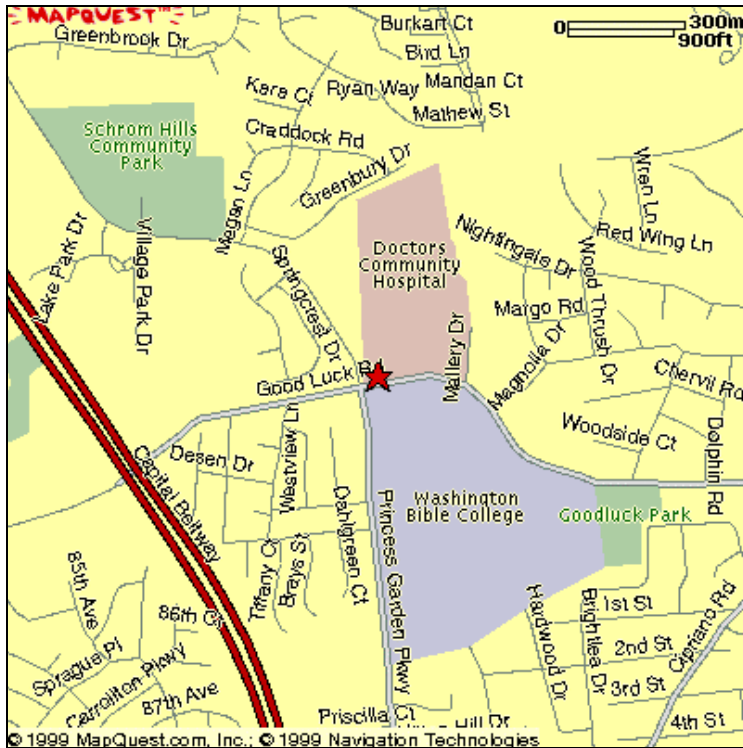


- Take US Highway 1 south
 - Turn right onto East-West Highway
 - Continue on East-West Highway for one mile
 - Turn left onto Queens Chapel Road
 - Follow into Washington, DC
- Note: Queens Chapel Road becomes Michigan Avenue
- The entrance to the hospital is on your right, look for the signs

Doctor's Community Hospital

Doctor's Community Hospital
8118 Good Luck Road
Lanham, MD 20706
301-552-8118

20-25 minutes from UMCP

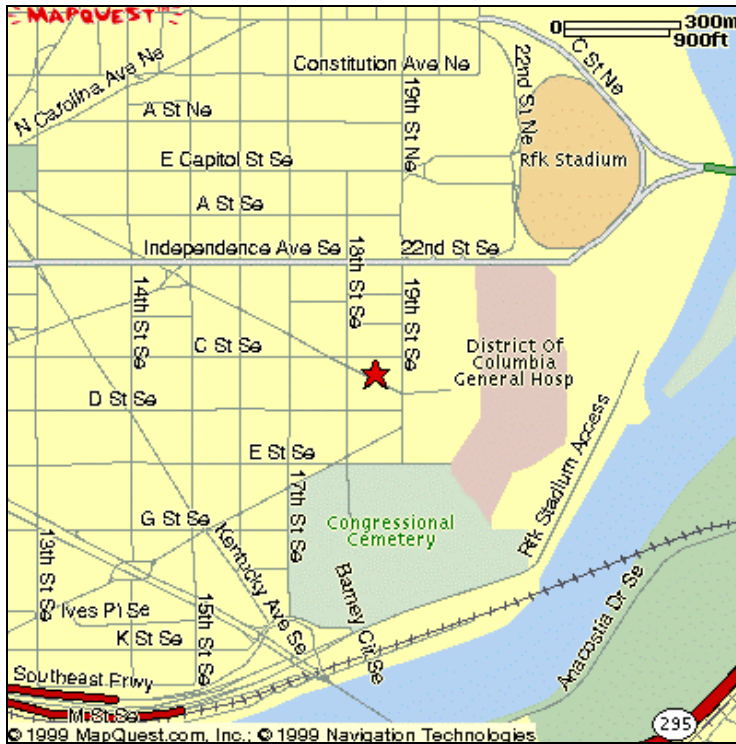


- Take US Highway 1 north
- Turn right onto Paintbranch Parkway
- Note: Paintbranch Parkway will become Good Luck Road
- The hospital is on the left

DC General Hospital

DC General Hospital
1900 Massachusetts Avenue, SE
Washington, DC 20003
202-675-5000

30 minutes from UMCP



- Take US Highway 1 north
- Take the I-95 South/I-495 South ramp
- Merge onto Capital Beltway/I-495 S/I-95 S
- Take the Baltimore-Washington Parkway exit
- Merge onto MD-295 S
- Take the East Capitol Street exit
- Merge onto E Capitol Street SE
- E Capitol Street SE becomes C Street NE
- Turn slight left onto 22nd Street NE
- Turn right onto E Capitol Street NE
- E Capitol Street NE becomes E Capitol Street NE/E Capitol Street SE
- Turn left onto 18th Street SE
- Turn left onto Massachusetts Avenue SE
- The hospital is in front of you

Georgetown University Medical Center

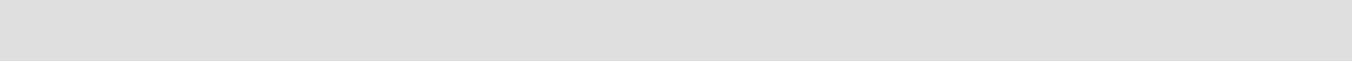
Georgetown University Medical Center
3800 Reservoir Road, NW
Washington, DC 20007
202-784-2000

50 minutes from UMCP

Trauma Center (202)687-5055
National Capital Poison Center 202-625-5333



- Take US Highway 1 north
- Take the I-95 South/I-495 South ramp
- Merge onto Capital Beltway/I-495 S/I-95 S
- Take the Baltimore-Washington Parkway exit
- Merge onto MD-295 S
- Take the exit towards Washington
- Merge onto US-50 W/New York Avenue
- US-50 W/ New York Avenue becomes US-50 W/ New York Avenue NE/US-1 ALT S
- US-50 W/ New York Avenue NE/US-1 ALT S becomes New York Avenue NE/US-50
- Turn left onto I-395 S
- I-395 S becomes I-395 S
- Take I-395 S/US-1 S
- Take the exit
- Merge onto George Washington Memorial Parkway/GW Parkway
- Take the US-50 West exit on the left towards Memorial Bridge/Arlington Cemetery
- Enter next roundabout and take 1st exit onto ramp
- Merge onto Arlington Boulevard/US-50 W
- Take the ramp towards Rosslyn/Key Bridge
- Keep right at the fork in the ramp
- Turn right onto N Lynn Street
- Stay straight to go onto N Lynn Street /US-29 N
- N Lynn Street /US-29 N becomes US-29 N
- US-29 N becomes Francis Scott Key Bridge
- Turn left onto M Street NW
- M Street NW becomes Canal Road NW
- Stay straight to go onto MacArthur Boulevard NW

- Stay straight to go onto Foxhall Road NW
 - Stay straight to go onto Reservoir Road NW
 - The hospital is on the right
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George Washington University Hospital

George Washington University Hospital
901 23rd Street, NW
Washington, DC 20037
202-994-1000

45 minutes from UMCP

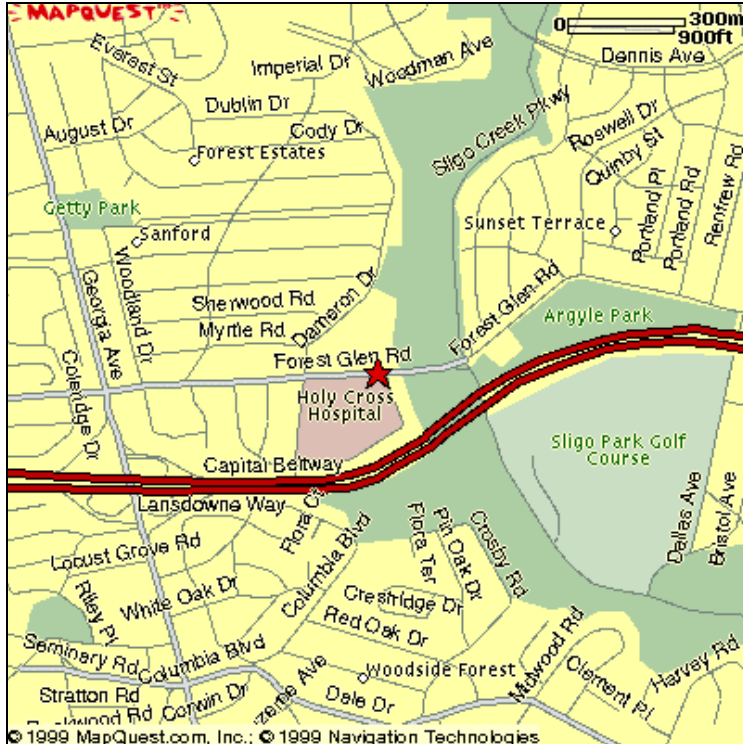


- Follow US Highway 1 north to I-495 (Capital Beltway)
- Take the I-95 South/I-495 South ramp
- Merge onto Capital Beltway /I-495 S/I-95 S
- Take the Baltimore-Washington Parkway exit
- Merge onto MD-295 S
- Take the exit towards Washington
- Merge onto US-50 W/New York Avenue
- US-50 W/ New York Avenue becomes US-50 W/ New York Avenue NE/US-1 ALT S
- US-50 W/ New York Avenue NE/US-1 ALT S becomes New York Avenue NE/US-50
- Turn slight right onto L Street NW
- Turn slight right onto Massachusetts Avenue NW
- Turn slight right onto Thomas Circle NW
- Stay straight to go onto Vermont Avenue NW
- Turn right onto K Street NW
- Enter next roundabout and take 4th exit onto 23rd Street NW
- Turn left onto I Street NW
- The hospital is on the left

Holy Cross Hospital of Silver Spring

Holy Cross Hospital of Silver Spring
1500 Forest Glen Road
Silver Spring, MD 20910
301-754-7000

20 minutes from UMCP



- Follow US Highway 1 north to I-495 (Capital Beltway)
- Go west towards Bethesda
- Take the Georgia Avenue exit off I-495
- Make the first right onto Forest Glen Road
- The hospital is on the right

John Hopkins Hospital— Burn center

John Hopkins Hospital – Burn center
4940 Eastern Avenue
Baltimore, MD 21224
410-550-0890

50 minutes from UMCP



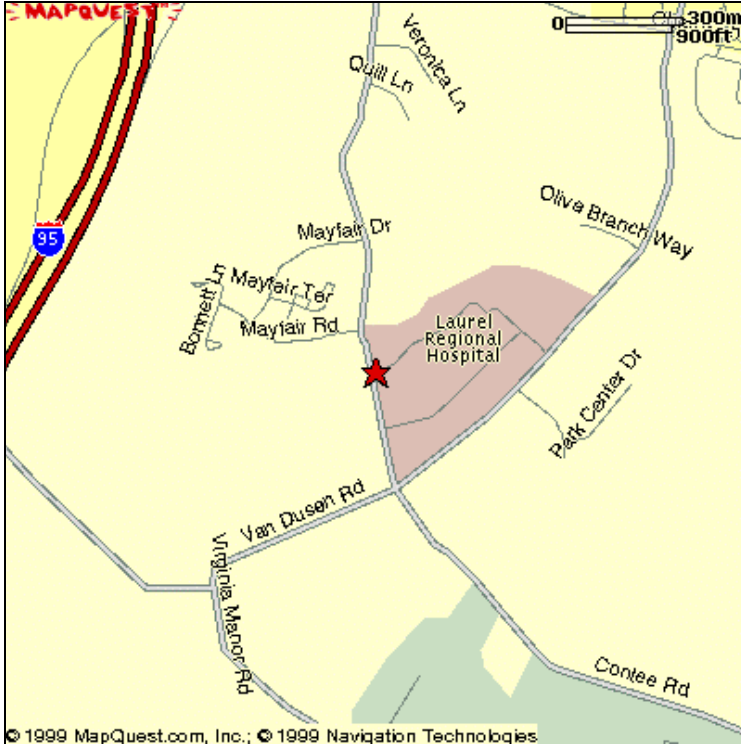
- Follow US Highway 1 north to I-495 (Capital Beltway)
- Take I-95 N towards Baltimore
- Merge onto I-95 N
- Take the Boston Street exit
- Keep right at the fork in the ramp
- Merge onto I-avenue
- Turn left onto O'Donnell Street cutoff
- Turn slight left onto O'Donnell Street
- Turn slight right onto Ponca Street
- Turn right onto Eastern Avenue
- The hospital is on the left

<http://hopkins.med.jhu.edu>

Laurel Regional Hospital

Laurel Regional Hospital
7100 Contee Road
Laurel, MD 20707
301-725-4300

15-20 minutes from UMCP

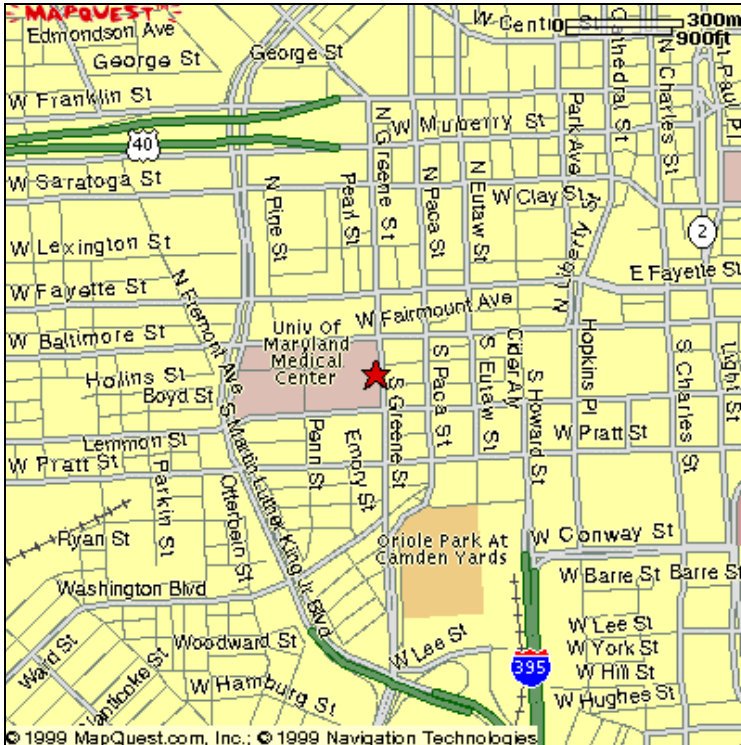


- Take US Highway 1 north approximately five miles
- Turn left into Contee Road
- Continue on Contee Road for approximately two miles
- The hospital is on the right

R. Adams Cowley Shock Trauma Center

**R. Adams Cowley Shock Trauma Center, UMD
Medical Center
22 South Greene Street
Baltimore, MD 21201
1-800-41-TRAUMA (1-800-418-7286)**

45 minutes from UMCP

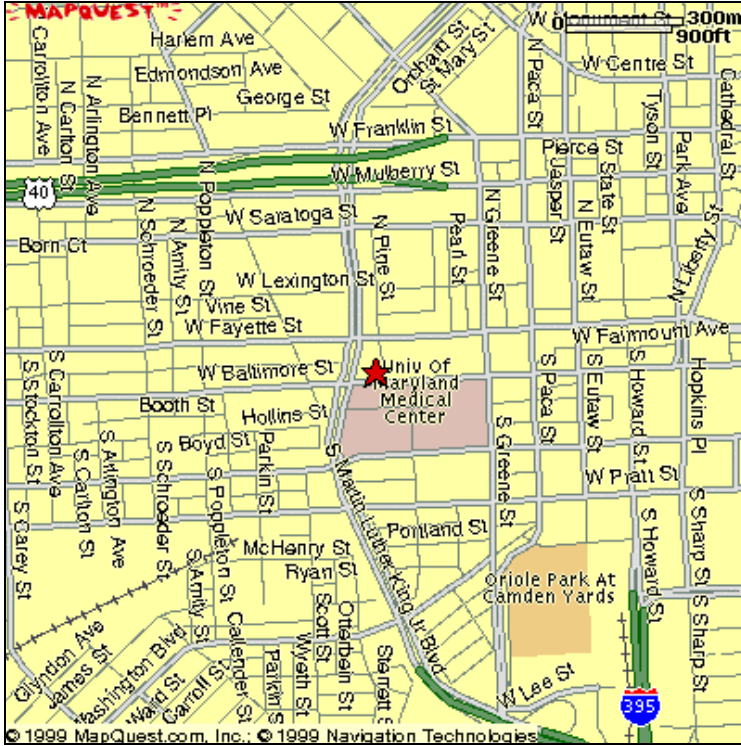


- Follow US Highway 1 north to I-495 (Capital Beltway)
- Go west on I-495 towards Bethesda
- Take the first exit (I-95 north)
- Proceed on I-95 north to Baltimore
- Take the Russell Street exit off I-495 north
- Russell Street becomes Paca Street
- Turn left onto Redwood Street
- Hospital parking garage is on the right

Maryland Poison Center

Maryland Poison Center
20 North Pine Street
Baltimore, MD 21201
1-800-492-2414 / 410-528-7701

50 minutes from UMCP



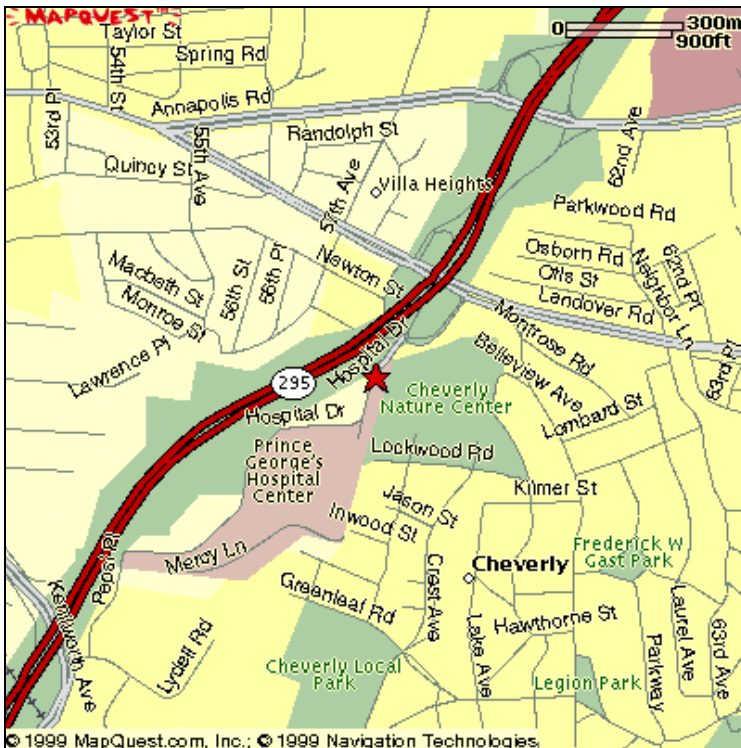
- Follow US Highway 1 north to I-495 (Capital Beltway)
- Take I-95 N towards Baltimore
- Merge onto I-95 N
- Take the I-395 North exit
- Merge onto I-395 N
- Take I-395 N towards Downtown/Inner Harbor
- I-395 N becomes S Howard Street
- Turn left onto W Lombard Street
- Turn right onto S Paca Street/MD-295 N
- Turn left onto W Fayette Street
- Turn left onto N Pine Street
- The hospital is right in front of you

Prince George's Hospital Center

Prince George's Hospital Center
3001 Hospital Drive
Cheverly, MD 20785
301-618-2000

20 minutes from UMCP

Sexual Assault Center 301-618-3154

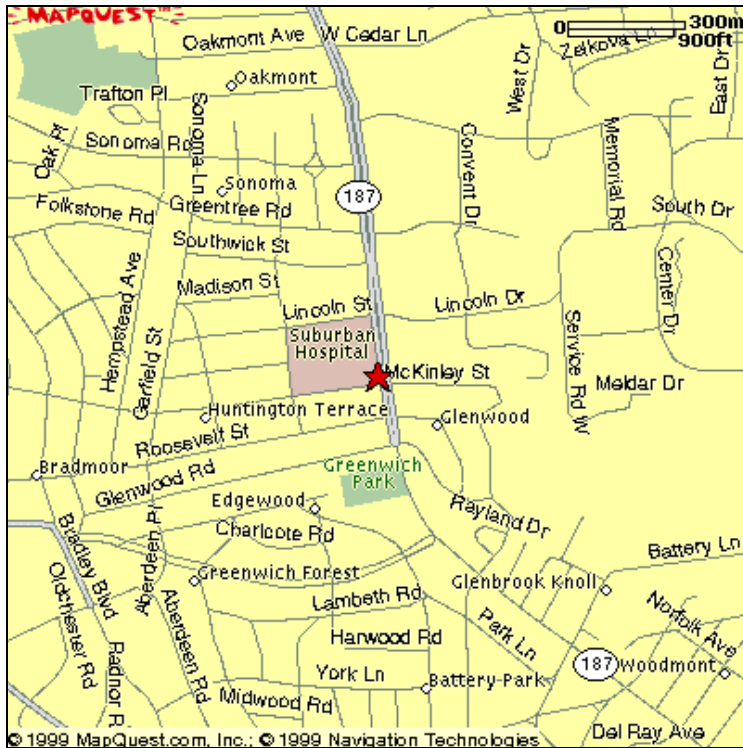


- Follow US Highway 193 east (University Boulevard) towards Greenbelt
- Take the Baltimore-Washington Parkway towards Washington, DC
- Follow the signs to the hospital

Suburban Hospital Adult Trauma-Level II

Suburban Hospital Adult Trauma-Level II
8600 Old Georgetown Road
Bethesda, MD 20814
301-896-3100

30 minutes from UMCP



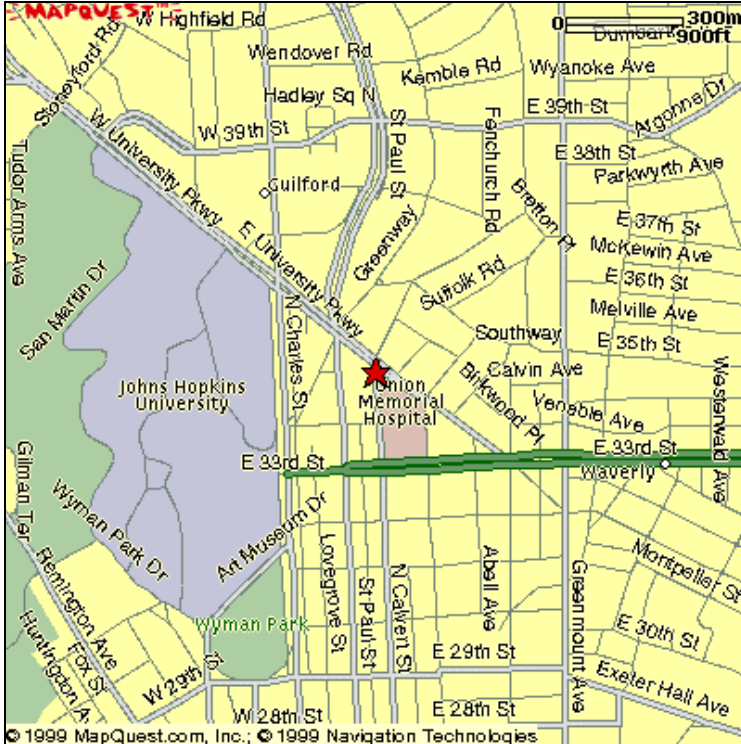
- Follow US Highway 1 north to I-495 (Capital Beltway)
- Take the I-95 North/I-495 North/Beltway North ramp towards Baltimore/College Park
- Merge onto Capital Beltway /I-495 N/I-95 N
- Take Capital Beltway /I-495 W towards Silver Spring
- Merge onto Capital Beltway /I-495 W
- Take the MD-187/Old Georgetown Road exit
- Keep left at the fork in the ramp
- Turn L left onto MD-187 S/ Old Georgetown Road
- Turn right onto Mac Kinley Street
- The hospital is on your right

<http://www.suburbanhospital.org>

Union Memorial Hospital

Union Memorial Hospital
201 East University Parkway
Baltimore, MD 21218
410-554-2626

50 minutes from UMCP

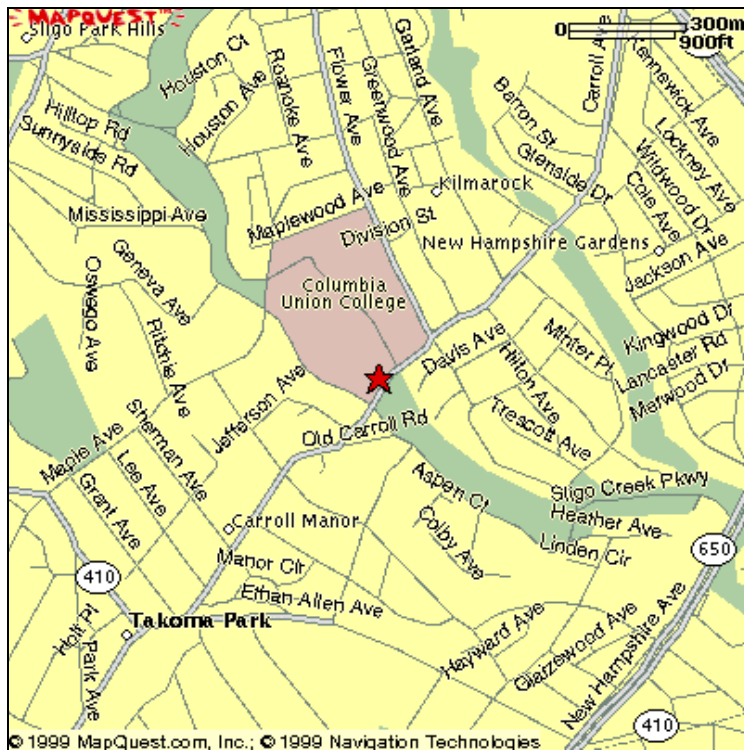


- Follow US Highway 1 north to I-495 (Capital Beltway)
- Take the I-95 North/I-495 North/Beltway North ramp towards Baltimore/College Park
- Merge onto Capital Beltway/I-495 N/I-95 N
- Take I-95 N towards Baltimore
- Merge onto I-95 N
- Take the I-395 North exit
- Merge onto I-395 N
- Take I-395 N towards Downtown/Inner Harbor
- I-395 N becomes S Howard St
- Turn Right onto W Pratt St
- Turn Left onto S Calvert St/MD-2 N
- S Calvert St/MD-2 N becomes N Calvert St
- The hospital is on your right

Washington Adventist Hospital

Washington Adventist Hospital
7600 Carroll Avenue
Takoma Park, MD 20912
301-891-7600

15 minutes from UMCP

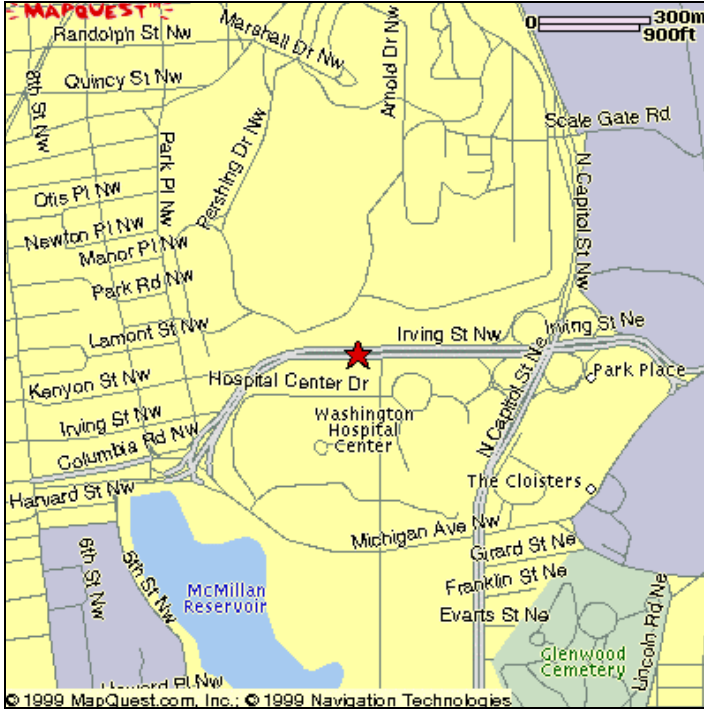


- Follow US Highway 193 west (University Boulevard)
- Go past New Hampshire Avenue
- Turn into Merrimac Street
- Turn left onto Carroll Avenue

Washington Hospital Center

Washington Hospital Center
110 Irving Street, NW
Washington, DC 20010
202-877-7241

30 minutes from UMCP



- Take US Highway 1 south
 - Turn right onto East-West Highway
 - Continue on East-West Highway for one mile
 - Turn left onto Queens Chapel Road
 - Follow into Washington, DC
- Note: Queens Chapel Road becomes Michigan Avenue
- The entrance to the hospital is on your right, look for the signs